
SOMEWHERE IN ITALY

Food & Faith

2-9 October, 2025

Piemonte, Italy

8days/7nights

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Embark on the Faith and Food Tour in Piedmont, an exclusive journey that seamlessly blends the region's spiritual heritage with its world-renowned culinary traditions. Discover historic landmarks like the Abbey of Saint Antonio paired with exceptional gourmet delights and wine tastings of Barolo.

An unforgettable experience awaits, celebrating the unique fusion of faith and flavor in one of Italy's most iconic regions.

Piedmont's Slow Food movement champions the preservation of traditional culinary practices, local ingredients, and sustainable farming, promoting a mindful, community-oriented approach to eating that values quality over speed.

Day 1



- Arrival at Malpensa Airport.
- Explore **Principato di Lucedio** abbey, learn about its rich agricultural heritage, and discover the region's renowned rice cultivation. Enjoy a delicious lunch featuring local specialties.
- Transfer to Turin and check into your hotel.
- Embark on a delicious tour of **Turin's finest culinary treasures!** Indulge in iconic grissini, gianduja, bicerin, and creamy zabaglione. Experience the best of Turin's food scene, where local traditions meet Piemonte's gourmet excellence.

Day 2



- Discover **Chiesa di San Lorenzo** and experience the awe-inspiring **Dome of the Shroud** masterpiece by Guarino Guarini that houses the **sacred Shroud** of Turin, blending stunning architecture, rich history, and deep spirituality.
- Savor lunch in a **historic café**. These iconic spots, central to Italy's unification in 1861, have long been gathering places for artists, intellectuals, and political figures.
- Visit the **Shroud Museum**. Enjoy an insightful lecture on the history of the Shroud, and discover how Guarini's groundbreaking Baroque designs shaped Turin's architectural heritage.

Day 3



- Step back in time at the **Ricetto of Candelo**, a beautifully preserved medieval village. Explore its cobblestone streets, stone houses, and defensive towers, offering a fascinating glimpse into medieval life and history.
- Discover the **Sanctuary of Oropa**, a historic pilgrimage site, famous for the Black Madonna. Explore its magnificent basilica, chapels, and the UNESCO World Heritage site, **Sacred Mount**, offering a spiritual and scenic experience like no other: a devotional path of twelve chapels depicting the life of Mary with terracotta statues and frescoes, built since 1620.

Day 4



- Visit the **Vezzolano Abbey**, a historic Romanesque monastery, famous for its medieval mullioned, triple lancet windows and stunning frescos. Its elegant architecture and tranquil surroundings make it a serene and fascinating glimpse into Italy's monastic past.
- Join us in exploring the world of olive oil! Discover the benefits of high-quality olive oil, the difference between cold-pressed and first-press methods, and how these processes impact taste and health. Learn about the solvents used in production and whether they pose any risks. Plus, see how olive oil aligns with the slow food philosophy, promoting sustainability and healthier living.
- Check into your hotel in Cherasco

Day 5



- Tour the **University of Pollenzo** (UNISG), Italy's premier institution for food culture, sustainability, and gastronomy. Founded by the **Slow Food Movement**, it offers innovative programs blending food science, history, and sustainability—perfect for food enthusiasts!
- Discover the **Wine Bank of Pollenzo** (Banca del Vino), a unique wine cellar and museum, featuring an impressive collection of Italy's finest wines.
- Join us for an insightful **lecture** on sustainable eating! Discover how the fast food industry impacts the environment and traditional farming, and how the slow food movement offers eco-friendly solutions for a healthier future. Learn about the vital connection between soil health, nutrient-rich food, and the role of microbes in maintaining our well-being.
- Visit **Bra**, the birthplace of the Slow Food Movement and enjoy a cheese tasting.

Day 6



- Experience the **Farm-to-Table** journey! Savor fresh, locally sourced ingredients straight from the farm to your plate. Discover the flavours of authentic, sustainable cuisine while supporting local farmers on this delicious and educational tour.
- Join us for an exciting **lecture** on agroecology's impact on our food and health! Discover how sustainable farming improves food quality, how fast food has reshaped agriculture, and compare ancient vs. modern grains for better nutrition. Learn how farming affects what we eat and our well-being!
- Enjoy a **Cooking class** with dinner at the hotel.

Day 7



- Visit **La Morra** and **Barolo** with breathtaking views of vineyards - perfect for wine lovers and those craving an authentic taste of Piedmont!.
- Enjoy a **hazelnut workshop** in Monforte d'Alba.
- Challenge your artistic skills for a **Wine painting** with the artist PurpleRyta. A unique experience allowing the fluidity of wine to inspire spontaneous, expressive strokes on canvas.



Accommodation

Concord 4* Hotel, Torino



I Somaschi 4* Hotel, Cherasco



— Pricing



Price per person in double room:

€ 3,995 (15 participants basis)

€ 3,560 (20 participants basis)

Single room supplement: € 540

Price includes:

- 7 Nights in 4-star hotels, breakfast included
- 8 days private coach transportation
- 7 Lunches and 7 dinners (1 glass of wine included)
- Admission fees
- 7 days Tour guide
- Cooking class
- Wine painting
- 3 Lectures
- Tastings as per program
- 24/7 Assistance
- Vat and taxes

Terms of payment:

40% deposit due by April 15

60% balance due by June 15



Reservation & Information:

Mrs. Kati

sales@somewhereinitaly.it

Whatsapp +39 347 130430

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Corso Re Umberto 2 - 10121 Torino, Italy

sales@somewhereinitaly.it

www.somewhereinitaly.it